



Credit for Learning
PSORIASIS

THE QUESTIONS

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|--|---|---|--|
| 1. The plaques of psoriasis typically: | | | |
| a) Have few or no scales when involving the scalp | T | F | |
| b) Have a well defined border | T | F | |
| c) Rarely itch..... | T | F | |
| d) Can be differentiated from eczema by site alone | T | F | |
| e) May be confused with fungal infection in the flexures | T | F | |
| 2. Psoriasis: | | | |
| a) Tends to run in families | T | F | |
| b) Is often associated with fungal infections of the nail | T | F | |
| c) Is more common in black-skinned races..... | T | F | |
| d) Usually develops in infancy..... | T | F | |
| e) May be triggered by upper respiratory tract infections | T | F | |
| 3. It is suggested that the following are involved in the pathogenesis of psoriasis: | | | |
| a) B lymphocytes | T | F | |
| b) T lymphocytes..... | T | F | |
| c) Increased speed of cell turnover in the epidermis..... | T | F | |
| d) Tumour necrosis factor | T | F | |
| e) Beta-haemolytic streptococci..... | T | F | |
| 4. When considering topical treatments for psoriasis: | | | |
| a) They are only useful in mild cases | T | F | |
| b) The Goeckerman regimen consists of coal tar and ultraviolet B radiation | T | F | |
| c) Coal tar products are prohibited because of their carcinogenic potential | T | F | |
| d) Dithranol is used in the Ingram's regimen | T | F | |
| e) Tazarotene should not be used on the face, intertriginous areas or scalp..... | T | F | |



A World of Health



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PSORIASIS

Questions continue overleaf



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| 5. When topical vitamin D analogues are used: | | |
| a) Calcipotriol is more effective than topical steroids at eight weeks but not at six weeks..... | T | F |
| b) As a cream or ointment, the maximum weekly dose of calcipotriol should not exceed 100g | T | F |
| c) Perilesional and lesional side effects are not common | T | F |
| d) There is a risk of hypercalcaemia | T | F |
| e) Calcipotriol plus UVB phototherapy is more effective than coal tar and short-contact therapy | T | F |
| 6. When considering topical corticosteroids: | | |
| a) They are used extensively in the US for treating all clinical subtypes of psoriasis | T | F |
| b) They are effective when applied under occlusion but produce more side effects | T | F |
| c) They cause skin thinning, telangiectasia and tachyphylaxis | T | F |
| d) Clobetasol propionate 0.05 per cent w/w is a steroid of mild potency | T | F |
| e) When impregnated into tapes, they are useful for lichenified plaques..... | T | F |
| 7. When considering methotrexate: | | |
| a) It is the only systemic therapy licensed for psoriasis | T | F |
| b) Regular liver biopsies are recommended for psoriatic patients on this therapy long-term..... | T | F |
| c) It does not cause bone marrow toxicity because it is renally excreted..... | T | F |
| d) It interacts with aspirin, penicillin and acitretin | T | F |